

# **Helping our Students Find the Help They Need: Help Centers, Rutgers New Brunswick Campus**

**Has a student asked you for help? Use the following guide to locate the appropriate people and places to get your students the help they need.**

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## **Who does one contact when a student...**

### **... is being abused at home**

When a student is dealing with physical, emotional, or psychological abuse in the home, Rutgers' myriad of counseling options can be helpful. To see the many options Rutgers offers, turn to the section on psychological, psychiatric, and other non-academic counseling on pages 20 through 24. Rutgers' also offers services for victims of violence. To find out more about these services, turn to the section on victims of violence on pages 28 through 30.

**Who does one contact when a student...**

**... is a veteran of the armed forces and is looking for support**

Veterans Services at Rutgers

<http://veterans.rutgers.edu/>

<http://ucc.rutgers.edu/veterans-rutgers>

Office of Veterans Services

14 Lafayette Street

New Brunswick, NJ 08901

Phone: 848-932-VETS (8387)

The Office of Veterans Services ensures that veteran students are fully integrated into campus life and are able to take full advantage of the broad range of intellectual and cultural activities offered by Rutgers while sharing their diverse experiences with the university community. The Office of Veterans Services coordinates the research of issues most relevant to not only veteran students but broader issues which face our nation's veterans.

## **Who does one contact when a student...**

### **... is being bullied or stalked**

(See also section on counseling options on pages 20 through 24, especially Crisis Intervention on pages 20 through 21 )

(See also section on reporting incidents of violence on page 28)

(See also section on bias incidents on pages 29 through 30)

If you have experienced interpersonal violence such as stalking, VPVA staff are available to help 24 hours per day, 7 days per week. During office hours Monday through Friday, 8:30 a.m. - 4:30 p.m., contact our office at 732-932-1181 or come to the office at 3 Bartlett Street on the College Avenue Campus. To contact us after office hours, call the Rutgers Police Department at 732-932-7211 and request to speak with the on-call staff for VPVA (reaching us through the police office does not mean you are reporting a crime).

### **Intimidation and Bullying**

<http://compliance.rutgers.edu/intimidation-and-bullying>

Intolerance, bigotry and bullying are antithetical to the values of the university, and unacceptable within the Rutgers community. Verbal assault, harassment, intimidation, bullying or defamation interferes with the mission of the university and each member of this community is expected to be sufficiently tolerant of others so that all students are free to pursue their goals in an open environment, able to participate in the free exchange of ideas, and able to share equally in the benefits of our educational opportunities. The Policy Against Verbal Assault, Harassment, Intimidation, Bullying and Defamation seeks to establish certain minimum standards in order for the community to be able to fulfill its mission. Students who believe themselves to be victims of verbal assault, intimidation, bullying, harassment or defamation should report such incidents to the dean or the dean of students of their college, school or campus. In addition, the following individuals have been identified to handle complaints:

The Office of Student Affairs Compliance  
Judy Ryan, Director  
Old Queens Building, Suite 101  
83 Somerset Street  
New Brunswick, NJ 08901  
(848) 932-8576

(Bullying and Stalking continued on the next page)

New Brunswick  
Anne Newman, Director of Student Conduct  
Bishop House, Room 104  
115 College Avenue  
New Brunswick, NJ 08901  
(732) 932-9414

Individuals who wish to discuss any matter with the police or if they feel they are in need of immediate police attention may contact the Rutgers University Police Department at: New Brunswick - (732) 932 -7111 Some complaints can be and should be resolved by informal methods, while others will require the implementation of formal procedures. All complaints are treated confidentially; complainants are encouraged to report incidents even if they do not wish to pursue the matter beyond the reporting stage.

**Who does one contact when a student...**

**...needs career counseling**

Career Services

<http://careerservices.rutgers.edu/>

Career Services provides the resources and strategies for choosing a college major, developing career plans, creating a resume, finding internships and full-time jobs, contacting alumni, developing graduate school plans, and making successful career transitions.

Career & Interview

Center/Administrative Office:

Busch Campus Center

Piscataway, NJ 08854-8002

Phone: 732-445-6127

Janet Jones,

Intermir Director

[jbjones@echo.rutgers.edu](mailto:jbjones@echo.rutgers.edu)

732-445-6127 ext. 18

Career & Interview Center at Busch Campus Center, Busch Campus:

Marcia Milgrom

[milgrom@echo.rutgers.edu](mailto:milgrom@echo.rutgers.edu)

Career Counselor

732-445-6127, ext. 26

Toni Berlingieri

[berling@echo.rutgers.edu](mailto:berling@echo.rutgers.edu)

Secretarial Assistant III

732-445-6127, ext. 21

Barbra Bonifield

[bonifiel@echo.rutgers.edu](mailto:bonifiel@echo.rutgers.edu)

Secretarial Assistant III

732-445-6127, ext. 10

(Career counseling continued on the next page)

Career Center at 46 College Avenue on College Avenue Campus:

Doug Ricci

[dricci@rutgers.edu](mailto:dricci@rutgers.edu)

Career Management Specialist

732-932-7997, ext. 12

Linda Bagen

[lindab@rutgers.edu](mailto:lindab@rutgers.edu)

Principal Secretary

732-932-7997, ext. 10

Andrew Seguel

[aseguel@echo.rutgers.edu](mailto:aseguel@echo.rutgers.edu)

Career Counselor

732-932-7997

Lorraine Bell

[lorrainb@rutgers.edu](mailto:lorrainb@rutgers.edu)

Career Counselor

732-932-7997

**Who does one contact when a student...  
... is a commuter and looking for support**

There is a comprehensive range of services, support, and space for the thousands of commuter students that attend Rutgers University every year. The goals of Commuter Life Services are to:

- Ensure that the needs of commuter students are acknowledged and addressed.
- Provide designated spaces for commuter students to congregate.
- Facilitate the integration of commuter students into student life and student activities.
- Identify and encourage the academic achievement and leadership development of commuter students.

We encourage students to get involved in the Off-Campus Student Association (O.C.S.A.) The Off-Campus Student Association is a volunteer student organization whose primary interest is to advocate and fulfill the needs and interests of commuters and off-campus students

Off-Campus Students' Association  
Busch Campus Center, Room 171  
(732) 445-2055  
Mon–Thu 10:00am–8:00pm  
Fri 12:00pm–5:00pm  
[ocsa@eden.rutgers.edu](mailto:ocsa@eden.rutgers.edu)

**Who does one contact when a student...**

**... has a complex problem and tried some of the above routes but has had no luck**

The ombudsperson for students is a confidential, neutral, independent, and informal office where students have access to high-level assistance in dealing with difficult and complex issues related to academics, student life, and other concerns. The ombuds office offers students from the New Brunswick / Piscataway campus, who feel they have exhausted all other possible remedies, alternative methods to resolve their issues.

19 College Avenue,

Van Nest Hall, Room 101A

New Brunswick, New Jersey

08901-1281

Office Hours: Monday to Friday 8:30 a.m. – 5:00 p.m.

[ombuds@rutgers.edu](mailto:ombuds@rutgers.edu)

848-932-1452

**Who does one contact when a student...**

**... has issues with drugs and alcohol or is dealing with a friend or family member's drug or alcohol abuse**

Alcohol & Other Drug Assistance Program (ADAP)

<http://rhscaps.rutgers.edu/services/alcohol-and-other-drug-assistance-program-adap>

Main Office on College Avenue:

17 Senior Street

New Brunswick, NJ 08901

732-932-7884

Alcohol & Other Drug Assistance Program (ADAP) is a counseling and information program for students who are concerned about their drinking or use of other drugs, about a friend's use/abuse, or about drug or alcohol use in their family. ADAP is a special focus service of Counseling, ADAP & Psychiatric Services (CAPS), which is a division of Rutgers Health Services. ADAP also offers access to Recovery Housing for students in recovery from alcohol and/or drug dependence.

**Who does one contact when a student...  
... is suffering from an eating disorder**

Rutgers Eating Disorders Treatment Team  
<http://edteam.rutgers.edu/>

Busch/Livingston Health Center, Livingston Campus.  
Cheryl Brown, RN, APN-C,  
Staff Nurse Practitioner,  
732-445-3250,  
[cbbrown@rci.rutgers.edu](mailto:cbbrown@rci.rutgers.edu)

Hurtado Health Center, College Avenue Campus.  
Theresa Lord-Stout, RN, APN-C,  
Staff Nurse Practitioner,  
732-932-7402, x243,  
[thelord@rci.rutgers.edu](mailto:thelord@rci.rutgers.edu)

Irene Gabriel, MD, Psychiatrist,  
732-932-7402, x233,  
[gabrial@echo.rutgers.edu](mailto:gabrial@echo.rutgers.edu)

Willets Health Center, Douglass Campus.  
Diane Heimlich, RN, APN-C,  
Staff Nurse Practitioner,  
732-932-9805,  
[heimlich@rci.rutgers.edu](mailto:heimlich@rci.rutgers.edu)

Serves women and men who experience problems related to food, eating, weight, and body image.

Eating Disorders Hotline  
1-800-522-2230

**Who does one contact when a student...  
... needs help with American English language skills**

Program in American Language Studies, New Brunswick (PALS-NB)

<http://pals.rutgers.edu/>

Tillett Hall | 107

53 Avenue E

Livingston Campus

Piscataway, NJ

1-848-445-7422

[eslpals@rci.rutgers.edu](mailto:eslpals@rci.rutgers.edu)

The mission of Program in American Language Studies, New Brunswick (PALS-NB) is to provide high quality English language instruction to non-native English speakers for academic, professional, business, and social/acclimation purposes.

**Who does one contact when a student...**

**... is experiencing life difficulties that are affecting their academic performance**

The Dean of Students

<http://deanofstudents.rutgers.edu>

The Deans of Students assist students having difficulties due to reasons beyond her or his control; whether due to medical, emotional, psychological, familial or financial reasons. If you find yourself struggling, we can connect you to various networks of support and resources to aid you in pursuit of a successful academic career.

Busch Dean of Students

Mike Stillwagon, Ed.M.

Busch Campus Center

732-445-0166

[BuschDean@echo.rutgers.edu](mailto:BuschDean@echo.rutgers.edu)

<http://buschcampus.rutgers.edu/>

College Avenue Dean of Students

Dr. Tim Grimm

Bishop House

College Avenue Campus

732-932-2300

[CollegeAveDean@echo.rutgers.edu](mailto:CollegeAveDean@echo.rutgers.edu)

<http://collegeave.rutgers.edu/>

Cook Dean of Students

Dean of Students - Cook Campus

Cook Student Center 127

Cook Campus

732-932-3625

[CookDean@echo.rutgers.edu](mailto:CookDean@echo.rutgers.edu)

<http://cookcampus.rutgers.edu/>

(List of Deans of Students continued on the next page)

Douglass Dean of Students  
Dr. Michelle Jefferson  
305 College Hall  
Douglass Campus  
732-932-2900 ext. 131  
[DouglasDean@echo.rutgers.edu](mailto:DouglasDean@echo.rutgers.edu)  
<http://douglasscampus.rutgers.edu/>

Livingston Dean of Students  
Dr. Cheryl Clarke  
Lucy Stone Hall A239  
Livingston Campus  
848-445-4088  
[LivingstonDean@echo.rutgers.edu](mailto:LivingstonDean@echo.rutgers.edu)  
<http://livingstoncampus.rutgers.edu>

**Who does one contact when a student...  
... is facing a financial crisis**

(See also section on Experiencing life difficulties that are affecting academic performance on pages 13 through 14)

(See also section on Complex help issues/all other routes have been exhausted on page 9)

Office of Financial Aid

<http://studentaid.rutgers.edu>

620 George Street

New Brunswick, NJ 08901-1175

Phone: 848-932-7057, Fax: 732-932-7385

Walk in hours: 8:30am - 4:30pm (Monday - Friday)

Office hours: 8:30am - 5:00pm (Monday - Friday)

The University Financial Aid Office assists students and families in planning for and meeting expenses associated with attendance at the University. They focus on establishing aid eligibility, awarding scholarships, grants, loans, and employment to eligible students, and providing financial aid counseling to students and families for the resolution of problems associated with financing an education. They serve as the primary advocate for students and families, assisting them in securing necessary financial resources.

**Who does one contact when a student...  
... needs general academic advising**

Ask for advice on [course registration](#).

Discuss [general education requirements, majors and minors](#).

Plan a reasonable [graduation date](#).

[Take a semester off](#) - discuss your Leave of Absence and plan for return.

732-445-0163 - Busch

732-932-7731 - College Ave

732-932-9729 - Douglass

732-445-2050 - Livingston

Major/Minor Advising:

<http://sasundergrad.rutgers.edu/academics/advising/major-and-minor-advising>

Honors Program Advising:

All members of the SAS Honors Program are assigned an advisor from the SAS Honors Program staff. Honors Program advisors are students' primary point of contact for discussions about course selection, major selection, graduate and professional school applications, major scholarship applications, internships, co-curricular opportunities, and much more.

SASHP Advising Offices

College Avenue Campus

Dean Dentler

Milledoler Hall, Room 203

732-932-2011

[kdentler@sas.rutgers.edu](mailto:kdentler@sas.rutgers.edu)

**Who does one contact when a student...  
... has a learning disability**

Lucy Stone Hall, Livingston Campus  
54 Joyce Kilmer Ave., Suite A145  
Piscataway, NJ 08854-8045

Hours: Monday through Thursday, 8:30 AM until 5:00 PM  
Friday 8:30 AM until 4:30 PM

[dsoffice@rci.rutgers.edu](mailto:dsoffice@rci.rutgers.edu)

Phone: (848) 445-6800 • Fax: (732) 445-3388

Clarence Shive, Acting Director

For any student who has been deemed eligible for special services, Rutgers provides accommodations and/or modifications in order to ensure that all students have an equal opportunity to participate in all Rutgers programs, services, and activities. The purpose of accommodations is not to ensure success, but rather to provide access and equal educational opportunity.

**Who does one contact when a student...  
... is LGBT and is looking for support**

Center for Social Justice Education and LGBT Communities (SJE)

<http://socialjustice.rutgers.edu/>

247 Tillet Hall

Livingston Campus

53 Avenue E

Piscataway, NJ 08854

1-848-445-4141

The Center for Social Justice Education and LGBT Communities (SJE) provides educational, social and leadership development programs and activities for LGBT students, allies, and staff/faculty Liaisons for LGBT Students. SJE also continues to coordinate the monitoring of incidents of bias and hate through the Bias Prevention Education Committee.

LGBTQ Helpline

1-973-285-1595

**Who does one contact when a student...  
... is a non-traditional student and is looking for support**

University College Community (UCC)

<http://ucc.rutgers.edu/>

E-mail: [ucc@rci.rutgers.edu](mailto:ucc@rci.rutgers.edu)

Telephone: 732-932-6965

The University College Community (UCC) at Rutgers-New Brunswick serves adults and nontraditional students, the majority of whom cannot have a traditional college experience due to their academic career, personal responsibilities and demanding professional lives. UCC services students by providing direct access to the rich academic resources of Rutgers, the State University of New Jersey, and fosters an intimate learning environment to promote academic excellence in undergraduate education for all nontraditional students.

**Who does one contact when a student...**

**... needs psychological, psychiatric, or other non-academic counseling services**

Counseling, ADAP & Psychiatric Services (CAPS)

(See paragraphs following contact information for details about the various services CAPS offers)

<http://rhscaps.rutgers.edu/services/counseling>

Main Office on College Avenue:

17 Senior Street

New Brunswick, NJ 08901

732-932-7884

Cook/Douglass Office:

61 Nichol Avenue

New Brunswick, NJ 08901

732-932-9150

For ALL Appointments: 732-932-7884

- Brief Individual Therapy

<http://rhscaps.rutgers.edu/services/counseling/brief-individual-therapy>

CAPS offers brief individual psychotherapy and counseling to all eligible students of Rutgers University in New Brunswick / Piscataway. Brief individual psychotherapy and counseling at CAPS is an intervention for college students who are experiencing depression, anxiety, loss, or difficulty adjusting to transition and change. The goal is to enhance the individual's ability to manage one's feelings and behaviors, make sound decisions, achieve personal goals, realize potential, and feel more in charge of his or her life.

- Crisis Intervention

<http://rhscaps.rutgers.edu/services/counseling/crisis-intervention>

At CAPS, there is a counselor available for crisis intervention / emergencies every day of the week during regular business hours (8:30am - 5:00pm) to assist with urgent concerns.

CAPS: 732-932-7884

(Psychological, psychiatric, or other non-academic counseling services continued on the next page)

For urgent concerns/emergencies AFTER 5:00pm or on Weekends, please call the 24-hour emergency hotline (APS) which is professionally staffed by the local community mental health center.

AFTER HOURS: 732-235-5700

Students who are experiencing a psychological or emotional crisis often need immediate help and intervention. Some examples of serious crises include:

- suicidal or homicidal thoughts or impulses
- sexual or physical assault
- hearing voices or otherwise misperceiving reality
- overwhelming loss, such as a death in the family
- not able to provide for own food, clothing or shelter
- having a severe reaction to a psychiatric medication

If any of the above apply to your student's current situation, it is appropriate for them to have a crisis session. Please tell them to let the receptionist know that they would like to schedule a crisis session and they will be seen today.

- For Psychological Emergencies:

During Regular Business Hours (8:30am – 5:00pm):

Call CAPS at 732-932-7884 and ask for the On-Call counselor. We are equipped to handle crisis situations on short notice. The receptionist will link callers to the on-call counselor who will assess the situation and provide specific direction about what to do. Be sure to indicate to the receptionist that you think it is an urgent situation and briefly describe what is going on, so you will get the fastest possible attention.

After 5:00pm and on Weekends:

Call the 24-hour emergency hotline at 732-235-5700 which is professionally staffed by the local community mental health center.

- Group Psychotherapy

<http://rhscaps.rutgers.edu/services/counseling/group-psychotherapy>

732-932-7884

(Psychological, psychiatric, or other non-academic counseling services continued on the next page)

Counseling groups are often the best way to work on problems, especially when the problems deal with issues about your relationship with other people. A group gives you contact with a few of your peers, along with a counselor, who are not part of your everyday life and so can give you more useful feedback. It is also a safe environment where you can test out different ways of acting with others. The specific groups available each semester vary in theme and time, but in recent semesters we have offered groups for: students with eating disorders, students with general interpersonal issues, women over 30, graduate students in helping professions, and general graduate student interpersonal groups.

#### Psychiatric Services at CAPS

<http://rhscaps.rutgers.edu/services/psychiatric-services>

Psychiatric services is a clinical program staffed by psychiatrists (physicians specializing in the diagnosis and treatment of mental health problems).

#### - Psychological Clinic

<http://gsappweb.rutgers.edu/clinic/ts-clinic.php>

Graduate School of Applied and Professional Psychology (GSAPP)

Psychology Building Annex, Busch Campus

848-445-6111

Psychological testing and psychotherapy (both psychodynamic and cognitive-behavioral; individual, group, and couple) is offered to students and non-students, with a sliding scale fee. Therapists are graduate students under supervision.

#### - Anxiety Disorders Clinic (GSAPP)

<http://gsappweb.rutgers.edu/centers/cap/capcenters/anxiety.php>

152 Frelinghuysen Road

732-445-2181

Offers treatment for anxiety disorders, including obsessive compulsive disorder (OCD), panic disorder, post-traumatic stress disorder (PTSD), generalized anxiety disorder (GAD), and various phobias; plus a support group for those with obsessive compulsive problems.

(Psychological, psychiatric, or other non-academic counseling services continued on the next page)

- Sport Psychology Services

732-932-7884

CAPS has staff members and graduate students who are interested in working with intercollegiate athletes. Staff psychologist, Dr. Michelle Deering, is the designated CAPS Liaison to the Rutgers Athletic Department & Sports Medicine, and she serves on the RU Sports Medicine's Peak Performance Team. Services include: performance enhancement strategies for individuals and teams; individual psychotherapy, with awareness of the special issues of intercollegiate athletes; and crisis intervention for individuals and teams. Our staff can also help athletes access services from other offices, such as substance abuse treatment or learning disability consultations when and if necessary; however, limited resources are currently available in this area.

- Spiritual Counseling

In an effort to promote and enhance Rutgers University's mission of educating the whole person (body, mind, & spirit), clinicians at CAPS work collaboratively with members of the Rutgers religious community in the services provided to students-of-faith. Spiritual counseling is available from the following student campus religious organizations:

The Reverend Gregory Bezilla  
Episcopal Campus Ministry  
732-445-3218

Fr. Peter R. Cebulka  
The Catholic Center  
732-932-5456

Rabbi Esther Reed  
Rutgers University Hillel  
732-545-2407

Rev. Barbara Heck  
Protestant Campus Ministries  
732-745-9985

(Psychological, psychiatric, or other non-academic counseling services continued on the next page)

Rev. Ellen Little  
Wesley Fellowship  
732-249-5800

David C. Fricke  
Office of the Muslim Chaplain  
732-718-2554

There are additional religious & spiritual organizations who are recognized by Rutgers as having met the requirements for official chaplaincy status. A list of those organizations can be accessed by contacting Kerri Willson, Director of Student Involvement at [kwillson@rutgers.edu](mailto:kwillson@rutgers.edu) or 732-932-6978.

- Community Counseling Services in the New Brunswick area:

\* University Behavioral Healthcare

<http://ubhc.umdnj.edu/>

Central Access number: 1-800-969-5300 for screening and appointments.

The major low-cost psychotherapy facility in Middlesex County, this is the community mental health center for this area. They are open to everyone, but tend to refer students back to on-campus services since they have limited resources. There are several branches.

\* Referrals to psychologists, psychiatrists, and social workers in private practice are available through CAPS. In addition, a referral list of licensed psychologists is maintained by the New Jersey Psychological Association:

<https://www.psychologynj.org/>

1-800-281-6572, or (973) 243-9800.

\* Mental Health Resources around the state are available through the Mental Health Association of New Jersey:

<http://www.mhanj.org/>

**Who does one contact when a student...  
... seems suicidal**

(See also section on counseling options on pages 20 through 24, especially Crisis Intervention on pages 20 through 21)

Suicide/Crisis Hotline

1-800-273-8255

The Trevor Project

<http://www.thetrevorproject.org/>

1-866-4-U-TREVOR

The Trevor Project is determined to end suicide among LGBTQ youth by providing life-saving and life-affirming resources including our nationwide, 24/7 crisis intervention lifeline, digital community and advocacy/educational programs that create a safe, supportive and positive environment for everyone.

**Are YOU facing difficulties that you need counseling or support for?**

Rutgers Faculty and Staff Assistance Program.

<http://uhr.rutgers.edu/uhr-units-offices/faculty-and-staff-counseling>

Administrative Services Building II, off Route 1.

848-932-3956 (24-hour hot-line as well as regular appointments)

Faculty (including TAs/GAs) and staff and their families can receive confidential free individual and group therapy for a wide variety of problems. Personal, work-related, marital and/or alcohol/drug-related problems can be dealt with. Counseling may also center on relationships, parenting, financial difficulties, or anything that makes it hard to do good work. Outside referrals are made when necessary.

**Who does one contact when a student...  
... needs tutoring**

Academic Tutorials Video Archive

[http://rutv.rutgers.edu/tutorials\\_archive.shtml](http://rutv.rutgers.edu/tutorials_archive.shtml)

Academic Coaching

Improve your academic performance with the help of an academic coach. This program is open to all students seeking better self-management skills, reading and test-preparation strategies, and public speaking and memory techniques.

Please call 848-445-0986 to schedule an appointment.

The Math and Science Learning Center

<http://mslc.rutgers.edu/>

Busch MSLC ARC (3rd floor)

Allison Road Classroom Building

618 Allison Road, Busch

Phone: (848) 445-3123

Douglass MSLC

MSLC Chemistry Building (3rd floor)

50 Bishop Street, Douglass

Phone: (732) 932-8991

FAX: (732) 932-1241

The MSLC is a unique resource for students in the sciences.

**Who does one contact when a student...  
... has been a victim of violence or bias**

(See also Crisis Intervention Counseling section on pages 20 through 21)

Office for Violence Prevention and Victim Assistance

<http://vpva.rutgers.edu/>

<http://sexualassault.rutgers.edu/>

3 Bartlett Street, College Avenue Campus

732-932-1181.

The Office for Violence Prevention and Victim Assistance (VPVA) is a department committed to serving members of the Rutgers community who are victims of interpersonal violence and all types of crime. We offer a range of services to community members affected directly by crime and to those close to them, including counseling, advocacy, and crisis intervention services. We also offer an array of educational and training programs, consultation and policy development services, projects, and special events.

This office also provides assistance to victims, survivors, and other members of the university community through advocacy, crisis intervention, short-term counseling, education and referrals. Programs and services are available across the university for students, faculty and staff to promote ways of both preventing sexual violence and reducing the risk of violence in relationships.

If you have experienced interpersonal violence such as dating violence, sexual assault, or stalking, VPVA staff are available to help 24 hours per day, 7 days per week. During office hours Monday through Friday, 8:30 a.m. - 4:30 p.m., contact our office at 732-932-1181 or come to the office at 3 Bartlett Street on the College Avenue Campus. To contact us after office hours, call the Rutgers Police Department at 732-932-7211 and request to speak with the on-call staff for VPVA (reaching us through the police office does not mean you are reporting a crime).

New Brunswick - Rape Crisis Intervention Services

1 Roosevelt Drive, Edison, NJ 08837

877-665-7273

(Victims of violence section continued on the next page)

NJ Domestic Violence Hotline  
State of New Jersey  
800-572-7233  
(Bilingual and TDD accessible for the hearing impaired)

Domestic Violence Shelter  
Women Aware  
(Middlesex County)  
732-249-4504

Rape Crisis Hotline  
1-210-349-7273

RU Police Department  
1-732-932-7211

RW Johnson University Hospital  
1-732-828-3000

St. Peters Medical Center  
1-732-745-8600

Rutgers Health Services  
1-732-932-7402

HIV/STI Hotline  
1-800-624-2377

The Bias Prevention & Education Committee (BPEC)  
<http://deanofstudents.rutgers.edu/the-bias-prevention-and-education-committee>

(Victims of violence section continued on the next page)

Bias is defined by the University as an act, verbal, written, physical, psychological, that threatens, or harms a person or group on the basis of race, religion, color, sex, age, sexual orientation, gender identity or expression, national origin, ancestry, disability, marital status, civil union status, domestic partnership status, atypical heredity or cellular blood trait, military service or veteran status.

Bias acts are often disruptive. However, such acts may not always be in violation of civil, criminal or University codes, and therefore will not result in discipline. Acts of bias may warrant discussion or education about how they affect other members of the University community.

#### BIAS INCIDENT REPORT FORM FOR COMPLETION BY STUDENTS

[http://deanofstudents.rutgers.edu/files/documents/Bias\\_Form\\_Final\\_-\\_website.pdf](http://deanofstudents.rutgers.edu/files/documents/Bias_Form_Final_-_website.pdf)

Rutgers defines “bias” as an act, verbal, written, physical, psychological, that threatens, or harms a person or group on the basis of race, religion, color, sex, age, sexual orientation, gender identity or expression, national origin, ancestry, disability, marital status, civil union status, domestic partnership status, atypical heredity or cellular blood trait, military service or veteran status.

If you feel you have experienced or witnessed a bias act on the part of a member of the University and wish to speak with someone in authority, please save this form, complete it, and email it to Dean Cheryl Clarke, [cclarke@rci.rutgers.edu](mailto:cclarke@rci.rutgers.edu) or fax it to her at 732-445-4085. You can also contact Dean Clarke at 848-445-4088 (office). IF YOU FEEL IN ANY IMMEDIATE DANGER, PLEASE CONTACT UNIVERSITY POLICE AT 732-932-7211

**Who does one contact when a student...  
... needs writing help**

Writing Centers

<http://wp.rutgers.edu/tutoring/writingcenters>

The Writing Centers provide tutoring for students enrolled in Writing Program classes. There are three Writing Centers: the Livingston Writing Center, located in the B-wing of Lucy Stone Hall; the Douglass/Cook Writing Center, located at 135 George Street; and the Plangere Writing Center, located on the third floor of Murray Hall. Tutoring sessions are scheduled for one eighty-minute class period per week for at least five weeks, and are available free of charge. Students are tutored in the full range of expository writing, from basic composition to advanced research, business, and scientific writing courses. The Writing Centers offer morning, afternoon, and evening sessions to ensure access for University College and other working students.

Plangere Writing Center

<http://plangere.rutgers.edu>

College Avenue Campus  
Murray Hall, Room 304  
510 George Street  
New Brunswick, NJ 08901  
(732) 932-1149  
[plangere@rci.rutgers.edu](mailto:plangere@rci.rutgers.edu)

Livingston Writing Center

Livingston Campus  
Lucy Stone Hall, B-104A  
54 Joyce Kilmer Avenue  
Piscataway, NJ 08854-8040  
(848) 445-4048  
[peterbarklasorrell@gmail.com](mailto:peterbarklasorrell@gmail.com)

Douglass/Cook Writing Center

Douglass/Cook Campus  
135 George Street, Room 101  
New Brunswick, NJ 08901  
(732) 932-8856