Student Support and Mental Wellness Resources:

- Student Success Essentials: https://success.rutgers.edu
- Student Support Services: https://www.rutgers.edu/academics/student-support
- The Learning Centers: https://rlc.rutgers.edu/
- The Writing Centers (including Tutoring and Writing Coaching): https://writingctr.rutgers.edu
- Rutgers Libraries: https://www.libraries.rutgers.edu/
- Office of Veteran and Military Programs and Services: https://veterans.rutgers.edu
- Office of Disability Services: https://ods.rutgers.edu/
- Student Health Services: http://health.rutgers.edu/
- Counseling, Alcohol and Other Drug Assistance Program & Psychiatric Services (CAPS): http://health.rutgers.edu/medical-counseling-services/counseling/
- Office for Violence Prevention and Victim Assistance: www.vpva.rutgers.edu/
- Food & Mobil Pantry: https://ruoffcampus.rutgers.edu/basic-needs/food-assistance/food-and-mobile-pantry